

BRUIN WOODS - 2010 MENUS - DINNER

BEEF-LESS WEDNESDAY

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FRENCH	PATIO STEAK NIGHT	COUNTRY WESTERN BARBECUE (at the Ball field)	ITALIAN	LIGHT - HEALTHY - SUSTAINABLE	ASIAN	CHEF'S FAVORITES
<p>Mixed Field Greens Petite Tomato-Carrots- Cucumbers Red Onions-Goat Cheese-Walnuts Dressings Sweet Balsamic- Ranch Fat Free Roast Red Pepper Vinaigrette</p> <p>Ratatoille</p> <p>Bistro-Style Roast Chicken Beef Bourguignon Buttered Noodles & Rice Pilaf Bistro Roast Vegetables Gratin Potato</p> <p>French Baguette</p> <p>Raspberry Bavarian Cream</p>	<p>Romaine Lettuce Tomato-Cucumber-Carrot-Red Onion Kidney Bean-Crouton-Parmesan Dressings Caesar-Ranch-1000 Island</p> <p>Grilled Top Sirloin Steak Marinated Chicken Bruin Steak Sauce Sauteed Onion & Mushrooms Steak-House Creamed Spinach Seasoned Asparagus Baked Potato Bar Sour Cream-Whipped Butter Scallions-Cheddar-Bacon Bits</p> <p>Assorted Dinner Rolls</p> <p>Cookie's & Cream Cake</p> <p>Veg Option: Grilled Portobello Mushroom (on request)</p>	<p>Mixed Field Greens Tomatoes-Cucumber-Carrots Bell Peppers Dressings Ranch-Herb-French</p> <p>From the Barbeque BBQ Baby Back Ribs BBQ Chicken Smokey BBQ Sauce</p> <p>Watermelon</p> <p>Sweet Corn on the Cobb Baked Beans Cole Slaw</p> <p>Corn Muffins Whipped Butter & Honey</p> <p>Country Apple Crumble w/ Vanilla Ice Cream</p> <p>Veggie Burger</p>	<p>Mixed Field Greens Tomatoes-Cucumber-Carrots Red Onion-Garbanzo Beans Dressings Herb-Blue Cheese Fat Free Sundried Tomato Basil Vinaigrette</p> <p>Anti-Pasto Salami-Fresh Mozzarella-Cherry Peppers Marinated Artichokes-Mushrooms Marinated Olives</p> <p>Tuscan-Style Seared Chicken Penne Pasta w/ Tomato Basil Sauce Fusilli w/ Shrimp, Scallops and Mussels Spaghettini w/ Pesto & Sundried Tomato Italian Sausage w/ Peppers</p> <p>Parmesan Cheese</p> <p>Foccacia</p> <p>Chocolate Panna Cotta</p>	<p>Mixed Field Greens Tomatoes-Carrot-Cucumber Red Onion-Kidney Bean Spiced Almonds-Dried Berries-Feta Dressings Lemon Herb-Champagne Vinaigrette Fat Free Roast Red Pepper Dressing</p> <p>Roasted Beets</p> <p>Oven Roasted California Sea Bass w/ Tomato, Olives and Capers Thyme Scented Roast Organic Chicken Herb Potatoes Saute Coachella Valley Squash Harvest Wild Rice Blend</p> <p>San Joaquin Valley Fresh Cherry Almond Cake</p> <p>Vegetarian on Request: Barilla Plus Penne Pasta w/ Asparagus, Dried Tomato and Lemon</p>	<p>Mixed Greens Julienne Carrots-Scallions-Petite Tomato Water Chestnuts-Bamboo Shoots Chow Mein Noodles Dressings Sesame Ginger-Mandarin Orange</p> <p>Fortune Cookies Vegetarian Spring Rolls</p> <p>Cantonese Glazed Chicken Chinese Beef with Peppers & Mushroom Spicy Eggplant & Tofu Vegetable Lo Mein Stir Fried Vegetables Sticky Rice</p> <p>Chinese Haystacks</p>	<p>Romaine Lettuce Petite Tomato-Cucumber-Carrot-Red Onion Kidney Bean-Crouton Dressings Ranch-1000 Island-Balsamic</p> <p>Marinated Heirloom Tomatoes</p> <p>Carved Prime Rib of Beef Horseradish Sauce and Cabernet Sauce Pan-Seared Salmon w/ Citrus Chive Beurre Blanc Seared-Herb Chicken Breast Risotto Milanese Whipped Potato Roasted Vegetables</p> <p>Assorted Dinner Rolls</p> <p>Cherry Cheesecake w/ Pinot Noir Chocolate Sauce</p> <p>Veg Option on Request: Roast Vegetable Cutlet</p>
Kids Korner	Kids Korner	Kids Korner	Kids Korner	Kids Korner	Kids Korner	Kids Korner
<p>Penne Pasta Alfredo Sauce Fresh Veggie Display w/ Ranch Dressing PB&J</p>	<p>Chicken Nuggets w/ Fries Macaroni & Cheese Mixed Vegetables Fresh Veggie Display w/ Ranch Dressing PB&J Apple Sauce</p>	<p>Hot Dogs Chips Fresh Veggie Display w/ Ranch Dressing</p>	<p>Spaghetti Meatballs & Marinara Fresh Veggie Display w/ Ranch Dressing PB&J</p>	<p>Seared Chicken Sweet Potato Fries Whole Wheat Pasta w/ Tomato & Basil Fresh Veggie Display w/ Ranch Dressing PB&J Mandarin Oranges</p>	<p>Orange Chicken Sticky Rice Lo Mein Fresh Veggie Display w/ Ranch Dressing PB&J</p>	<p>Chicken & Dumplings Macaroni & Cheese Mixed Vegetables Fresh Veggie Display w/ Ranch Dressing PB&J Jello</p>